

**Upcoming Free Events in Senate District 26:
January 2011
Courtesy of State Senator Liz Krueger
Also available on the web at www.lizkrueger.com**

Please note: This schedule is subject to change – it is recommended that you call ahead to confirm these events.

Saturday 1/1/11

9:30 AM Central Park, North Meadow Recreation Center, mid-Park at 97th, 212-348-4867

Exercise: Health and Race Walking Clinic

Monday 1/3/11

10:30 AM Health Advocates for Older Adults, Madison Ave Pres. Church, 921 Madison Ave, 212-980-1700

Exercise: Arthritis Class

12:00 PM Bryant Park, NW Corner of Skate Deck, 212-768-4242

Exercise: Bryant Park Juggling

6:30 PM Mid-Manhattan Library, 455 Fifth Ave., 1-212-340-0833

Books & Poetry: Saul Silas Fathi "History of Islam and the Middle East"

Tuesday 1/4/11

12:00 PM Bryant Park, NW Corner of Skate Deck, 212-768-4242

Exercise: Bryant Park Juggling

12:00 PM NYPL for the Performing Arts 40 Lincoln Center Plaza :Dorothy and Lewis B.

Cullman Center, Bruno Walter Auditorium (212) 642-0142

Music: Dixieland Jazz

1:00 PM Health Advocates for Older Adults, 341 East 87th St, 212 980-1700

Movies: "Earrings of Madame de"

3:00 PM Health Advocates for Older Adults, 316 East 88th St. 212-980-1700

Exercise: Tai Chi

6:30 PM Mid-Manhattan Library, 455 Fifth Ave., 1-212-340-0833

Books & Poetry: Christopher Bell "East Harlem Revisited"

7:00 PM Barnes & Noble 150 East 86th Street, 212-369-2180

Books & Poetry: Kim Edwards "The Lake of Dreams"

Wednesday 1/5/11

12:00 PM Bryant Park, NW Corner of Skate Deck, 212-768-4242

Exercise: Bryant Park Juggling

6:30 PM Mid-Manhattan Library, 455 Fifth Ave., 1-212-340-0833

Books & Poetry: Constance Rosenblum "The Best of the City Section of the NY Times"

Thursday 1/6/11

10:30 AM Health Advocates for Older Adults, 237 East 62nd St, 212-980-1700

Exercise: Alexander Technique

12:00 PM Bryant Park, NW Corner of Skate Deck, 212-768-4242

Exercise: Bryant Park Juggling

6:00 PM NYPL for the Performing Arts 40 Lincoln Center Plaza :Dorothy and Lewis B.

Cullman Center, Bruno Walter Auditorium (212) 642-0142

Movies: Alwin Nikolais on Film

7:00 PM Barnes & Noble 150 East 86th Street, 212-369-2180

Books & Poetry: Dr Eric Braverman "Younger (Sexier) You"

Friday 1/7/11

11:00 AM Health Advocates for Older Adults, 341 East 87th St, 212 980-1700

Activity: Bridge

12:00 PM Bryant Park, NW Corner of Skate Deck, 212-768-4242

Exercise: Bryant Park Juggling

2:00 PM Health Advocates for Older Adults, 341 East 87th St, 212 980-1700

Activity: Ballroom Dancing

Saturday 1/8/11

9:30 AM Central Park, North Meadow Recreation Center, mid-Park at 97th, 212-348-4867

Exercise: Health and Race Walking Clinic

11:00 AM PM Health Advocates for Older Adults, 404 East 87th St, 212-980-1700

Exercise: Chair Yoga

12:30 PM Health Advocates for Older Adults, 341 East 87th St, 212 980-1700

Movies: "Earrings of Madame de"

Sunday 1/9/11

1:30 PM NYPL for the Performing Arts 40 Lincoln Center Plaza :Dorothy and Lewis B.

Cullman Center, Bruno Walter Auditorium (212) 642-0142

Music: Donizetti's "Maria Stuarda"

2:00 PM Mid-Manhattan Library, 455 Fifth Ave., 1-212-340-0833

Movies: "Night Waltz: The Music of Paul Bowles"

Monday 1/10/11

10:30 AM Health Advocates for Older Adults, Madison Ave Pres. Church, 921 Madison Ave, 212-980-1700

Exercise: Arthritis Class

Tuesday 1/11/11

12:00 PM NYPL for the Performing Arts 40 Lincoln Center Plaza :Dorothy and Lewis B.

Cullman Center, Bruno Walter Auditorium (212) 642-0142

Music: Dixieland Jazz

1:00 PM Health Advocates for Older Adults, 341 East 87th St, 212 980-1700

Movies: "Food, Inc"

3:00 PM Health Advocates for Older Adults, 316 East 88th St. 212-980-1700

Exercise: Tai Chi

7:00 PM Barnes & Noble Union Square 33 East 17th St. 212-253-810

Books & Poetry: Brad Meltzer "The Inner Circle"

7:00 PM Barnes & Noble 150 East 86th Street, 212-369-2180

Books & Poetry: Roger Rosenblatt "Unless it Moves the Heart: The Craft and Art of Writing"

Wednesday 1/12/11

6:30 PM Mid-Manhattan Library, 455 Fifth Ave., 1-212-340-0833
Books & Poetry: Mort Gerber "There is Humor in Aging"

Thursday 1/13/11

9:00 AM Lenox Hill Neighborhood House 331 East 70th Street, Auditorium, 212-744-5022
Workshop: Free Financial Workshop (Topics include budgeting, account management, saving)

10:30 AM Health Advocates for Older Adults, 237 East 62nd St, 212-980-1700
Exercise: Alexander Technique

Friday 1/14/11

11:00 AM Health Advocates for Older Adults, 341 East 87th St, 212 980-1700
Activity: Bridge

Friday 1/14/11 cont'd

2:00 PM Health Advocates for Older Adults, 341 East 87th St, 212 980-1700
Activity: Ballroom Dancing

6:30 PM Mid-Manhattan Library, 455 Fifth Ave., 1-212-340-0833
Books & Poetry: Eric Metaxas "Bronhoeffer: Pastor, Martyr, Prophet, Spy-A Righteous Gentile vs. the Third Reich"

Saturday 1/15/11

9:30 AM Central Park, North Meadow Recreation Center, mid-Park at 97th, 212-348-4867
Exercise: Health and Race Walking Clinic

11:00 AM PM Health Advocates for Older Adults, 404 East 87th St, 212-980-1700
Exercise: Chair Yoga

12:30 PM Health Advocates for Older Adults, 341 East 87th St, 212 980-1700
Movies: "Food Inc"

2:30 PM NYPL for the Performing Arts 40 Lincoln Center Plaza :Dorothy and Lewis B.
Cullman Center, Bruno Walter Auditorium (212) 642-0142
Music: Sybarites

Sunday 1/16/11

2:00 PM Mid-Manhattan Library, 455 Fifth Ave., 1-212-340-0833
Movies: "Homage to Chagall"

Tuesday 1/18/11

12:00 PM NYPL for the Performing Arts 40 Lincoln Center Plaza :Dorothy and Lewis B.
Cullman Center, Bruno Walter Auditorium (212) 642-0142
Music: Dixieland Jazz

1:00 PM Health Advocates for Older Adults, 341 East 87th St, 212 980-1700
Movies: "Book of Eli"

3:00 PM Health Advocates for Older Adults, 316 East 88th St. 212-980-1700
Exercise: Tai Chi

7:00 PM Barnes & Noble 150 East 86th Street, 212-369-2180
Books & Poetry: Erin Kelly "The Poison Tree"

Wednesday 1/19/11

6:30 PM Mid-Manhattan Library, 455 Fifth Ave., 1-212-340-0833
Books & Poetry: "Why Psychopaths Make Such Interesting Characters: A Discussion"

7:00 PM Barnes & Noble Union Square 33 East 17th St. 212-253-810
Books & Poetry: Kenneth Jackson "The Encyclopedia of New York City"

7:00 PM Barnes & Noble 150 East 86th Street, 212-369-2180
Books & Poetry: Tamara Chalabi "Late for Tea at the Deer Palace: The Lost Dreams of My Iraqi Family"

Thursday 1/20/11

10:30 AM Health Advocates for Older Adults, 237 East 62nd St, 212-980-1700

Exercise: Alexander Technique

6:00 PM NYPL for the Performing Arts 40 Lincoln Center Plaza :Dorothy and Lewis B.

Cullman Center, Bruno Walter Auditorium (212) 642-0142

Discussion: On Stage with Mark Morris & Isaac Mizrahi

6:30 PM Mid-Manhattan Library, 455 Fifth Ave., 1-212-340-0833

Lecture: Professor Charles Cohen "Jews and Muslims in Christian America"

Friday 1/21/11

11:00 AM Health Advocates for Older Adults, 341 East 87th St, 212 980-1700

Activity: Bridge

2:00 PM Health Advocates for Older Adults, 341 East 87th St, 212 980-1700

Activity: Ballroom Dancing

Saturday 1/22/11

9:30 AM Central Park, North Meadow Recreation Center, mid-Park at 97th, 212-348-4867

Exercise: Health and Race Walking Clinic

11:00 AM PM Health Advocates for Older Adults, 404 East 87th St, 212-980-1700

Exercise: Chair Yoga

12:30 PM Health Advocates for Older Adults, 341 East 87th St, 212 980-1700

Movies: "Book of Eli"

Sunday 1/23/11

2:00 PM Mid-Manhattan Library, 455 Fifth Ave., 1-212-340-0833

Movies: "The Ballad of Greenwich Village"

2:30 PM NYPL for the Performing Arts 40 Lincoln Center Plaza :Dorothy and Lewis B.

Cullman Center, Bruno Walter Auditorium (212) 642-0142

Music: COSM Chamber Ensemble Plays Schubert

Monday 1/24/11

10:30 AM Health Advocates for Older Adults, Madison Ave Pres. Church, 921 Madison Ave, 212-980-1700
Exercise: Arthritis Class

Tuesday 1/25/11

12:00 PM NYPL for the Performing Arts 40 Lincoln Center Plaza :Dorothy and Lewis B. Cullman Center, Bruno Walter Auditorium (212) 642-0142
Music: Dixieland Jazz

3:00 PM Health Advocates for Older Adults, 316 East 88th St. 212-980-1700
Exercise: Tai Chi

6:30 PM Mid-Manhattan Library, 455 Fifth Ave., 1-212-340-0833
Books & Poetry: Rose Keefe "Terror & Guardian-The Rise of the Jewish Gangster in New York City"

Wednesday 1/26/11

1:00 PM Health Advocates for Older Adults, 341 East 87th St, 212 980-1700
Movies: "Dear John"

6:30 PM Mid-Manhattan Library, 455 Fifth Ave., 1-212-340-0833
Books & Poetry: Danny Schechter "The Crime of Our Time: Why Wall Street is Not Too big to Jail"

7:00 PM Barnes & Noble 150 East 86th Street, 212-369-2180
Books & Poetry: Susan Vreeland "Clara and Mr. Tiffany"

Thursday 1/27/11

******8:00 AM** Lenox Hill Neighborhood House, 331 East 70th Street, 212-490-9535
Senator Krueger Presents: Senior Roundtable: Preparing for Long-Term Care"*****

10:30 AM Health Advocates for Older Adults, 237 East 62nd St, 212-980-1700
Exercise: Alexander Technique

7:00 PM Barnes & Noble 150 East 86th Street, 212-369-2180
Books & Poetry: Daniel Palmer "Delirious"

Friday 1/28/11

11:00 AM Health Advocates for Older Adults, 341 East 87th St, 212 980-1700

Activity: Bridge

Friday 1/28/11 cont'd

2:00 PM Health Advocates for Older Adults, 341 East 87th St, 212 980-1700

Activity: Ballroom Dancing

Saturday 1/29/11

9:30 AM Central Park, North Meadow Recreation Center, mid-Park at 97th, 212-348-4867

Exercise: Health and Race Walking Clinic

11:00 AM PM Health Advocates for Older Adults, 404 East 87th St, 212-980-1700

Exercise: Chair Yoga

12:30 PM Health Advocates for Older Adults, 341 East 87th St, 212 980-1700

Movies: "Dear John"

Sunday 1/30/11

2:00 PM Mid-Manhattan Library, 455 Fifth Ave., 1-212-340-0833

Movies: "Tennessee Williams' South"

Monday 1/31/11

10:30 AM Health Advocates for Older Adults, Madison Ave Pres. Church, 921 Madison Ave, 212-980-1700

Exercise: Arthritis Class